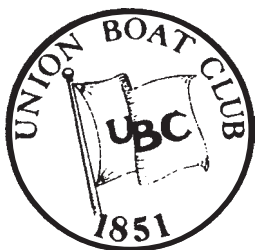


THE PUDDLE



Newsletter of the Union Boat Club of Boston

Summer 2003

UBC Paddles in AccessSports Outrigger Cancer Event

Club Raises over \$3000 for event

Cap Kane

On June 29th, 2003, several Union Boat Club members participated in the Mayors Cup Regatta held in the basin, next to the Science Museum. Given the name of the event, one might think that this is a rowing event, but in fact it is an outrigger canoe race to benefit AccesSports America.

AccesSports is a non profit organization that provides athletic opportunities for children and adults with disabilities. Union coach Tom Bohrer, who also works for AccesSports as a trainer, organized the UBC team. Thanks to the support of many UBC members, the club raised over \$3,000 for this event. UBC also won the overall event for the fastest

combined time of the 4 and 8 person canoes. This brought back some memories of the glory days at the Jersey Shore for Jim "Keats" Keating, who said the races reminded him of the life boat races he and fellow member Mike Corr undertook as life guards in Brigantine, NJ.

Special thanks to the members who contributed and/or raced in this event:

Bob Ackerman, David Arnold, Tom Bohrer, Charlie Clapp, Gene Clapp, Vinnie Esposito, Marissa Ferintini, Rob Gray, Matt Henderderson, Michael Iler, Cap Kane, Jim Keating, Terry Maher, Nick O'Connor, Mike Ross, Ollie Scholle, Tom Townsend, Samantha Twardowski. ■



Union rowers hard at work under the watchful eye of coach Tom Bohrer

President's Letter

The summer doldrums are upon us as the lazy, hazy days of August have arrived. The boathouse has been as active as ever (see the Rowing News) with beginners learning to ply the Charles River and our elite athletes flying the Union banner with pride and great results at the Nationals and other trials. Summer Doldrums is the appropriate name for the squash tournament that we host later this month—a great way to get a jump on the fall league play if

you need some inspiration. We are on the homestretch of putting together a wonderful 'coffee table' history of the first 150 years of Union Boat Club. As our vice president, Gene Clapp, told me once, "The worst bets in life are the ones that you make with yourself." I made the promise to have this done before my watch comes to and end this December and will endeavor to have it done by then. It has been a wonderful and enormous undertaking with some additional benefits—not least of which is that the majority of the artwork and records for the club have been scanned and are safely off-site should anything happen to our

club house. My past experience is that if you have it, you will never need it.

Our captain has been busy keeping the infrastructure in good nick—you will see some progress (not change) occurring in the form of nearly 40 new lockers. For those members mired at the end of the waiting list, there is light. New heating systems at the boathouse will allow all of those rowers that follow Jim Keating and Nick O'Connor in off the water to have a hot shower as well.

We are in great shape in no small part to the efforts of our own and I continue to believe that this is the best-run club of any that I belong to. Come and



UBC rowers preparing for upcoming events, once again under the watchful eye of coach Tom Bohrer

enjoy all that it has to offer—whether it is help from our top-notch coaches or the social schedule that reaches its peak in the summer and fall. Be sure to check the calendar elsewhere in this issue for upcoming events.

The best of summer is still unfolding. Come out to the river or to the air conditioned courts. The club is in full swing so use it for your happiness and health!

Charlie Clapp,
President ■

Summer Rowing Update

Coach Tom Bohrer

After a very cold and rainy spring, summer is finally here. This summer seems to be the most active since I have been at UBC. Traditionally, after July 4th, activity at the boat house is usually light to moderate as many members are on vacation. This year is clearly different as several days per week, most of the club boats are out on the river, morning and evening. It is great to see so many members using the club.

Memorial Day was the official start of the summer rowing program. This year we have approximately 25 summer members. We have a good mix of high school, college, ex-college and masters rowers. UBC member Sonia Witte is assisting in providing 2 coach-

ing sessions per week in the evening. The enthusiasm for the program is quite high and many of the summer members have already expressed interest in becoming full rowing members.

UBC has been well represented in many of the summer races. UBC oarsmen and women have entered the Riverside Sprints, Cromwell Cup, Festival Regatta, US Club Nationals, Pan Am trials and the US trials for the World Championships. Summer members Adam Kosmicki, Elliot Hovey, Lawrence Stuart and Mike Hoepf finished second in the intermediate quadruple sculls at club nationals. Kosmicki and Hoepf also finished 3rd in the intermediate double. I look for these college athletes to be back next year to continue their sculling success. Rowing member Samantha Twardowski, a recent graduate of Northeastern, finished 5th in the intermediate single. ‘Sam’ also raced in the Pan Am trials in June. Her goal is to be competitive at the national team level. Catherine (Salomone) Infantino finished 2nd in the elite lightweight single, a race where the winner went on to represent the US at the World Championships. Catherine has been training at Union for about 4 years. This was Catherine’s best race in the three years I have been her coach. The lead exchanged several times and Catherine posted a personal record for 2000 meters (7:54). Her race times are approaching those of the top women lightweight rowers. Aleks Zosuls finished 4th in the Elite Lightweight single. Rich

Montgomery, now training at the Princeton Training Center, finished 2nd in the elite lightweight quadruple sculls. Finally and perhaps most impressive, Steve Tucker, who trains with Charlie Butt at Harvard, will compete at the World Championships in Milan this August. He and fellow member Greg Ruckman won gold in the lightweight double at the first of three World Cup Regattas, in Lucerne, Switzerland. Congratulations to all competitors!

I am already preparing for the fall training period. Fall is a very busy time at the club. Most of the members enjoy rowing in the Head races, and the major push has begun to get entries in the Head of the Charles. In September and October we will hold our club championship races and host the MDC stake race. The intense part of our season will end at the Head of the Charles, but with plenty of good rowing and racing well into November. The “Head” racing season is not that far away and it will almost be time to start up at BU again for erg training.

The World Championships will be held in Milan, Italy August 24–31st. Steve Tucker, a member of UBC, will team up with Greg Ruckman to row the lightweight double. This summer they stood first in the World Cup event in Munich, and third in the more hotly contested World Cup race in Lucerne. Mike Perry, a former member of UBC, will be the U.S. entry in the single at the World Championships.

Enjoy the rest of the summer and fall. ■

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Squash News

The summer continues apace, and it is a leisurely one at that! The real news was in the spring, where UBC had great success in the state tournaments. Mike Keating took top honors in the 60+ as did Philip Constable in the 40+. Fellow member Russ Mucklow was runner-up.

Tyler Hinderman was the 35+ champion and Kimo Griggs rounded out the heist of state silverware by besting the field in the 'D' division. Nate Reinhart almost pulled out a

victory in the 'B' tournament, where he was a strong runner-up. Needless to say these results speak for themselves and they are a tribute to the hard work of the individuals and to the watchful eye of coach Mark Lewis. Well done to all!!! ■

Important Dates:

- **World Championships—**
August 24-31st, Milan, Italy
- **Summer Doldrums—**
August 29-31st, UBC
- **Squash Court cleaning—**
Late August
- **Commissioner's Cup—**
Saturday, September 13th
- **UBC-UBC—**
Saturday, September 20th, Philadelphia
- **Club Championships—**
Saturday, October 4th